

Nursing Assistant-Certified (NA-C) Training Program

Fact Sheet & Occupational Overview for Employers

Summary:

- Highly-supported classroom & lab learning (4 weeks) and clinical setting (1 week)
- Includes: all supplies, vaccination and clinical readiness assistance, scrubs, tutoring, test registration & preparation
- Completers are immediately eligible for NA-R status in the state of Washington
- If candidates are employer- or outside-funded, Program Schedule can be modified to accommodate work hours, etc.
- Cohorts can be aligned to follow an “Introduction to Health Care Employment and Apprenticeships” (IHAP) 45-hour health care employment readiness section

Cohort Locations and Schedules:

Currently available in Seattle and Tacoma, with other areas based on needs/setup.

- Program participation has ranged from Vancouver to Bellingham
- 8 cohorts, roughly bi-monthly, scheduled through end of 2023

Training Description:

Students receive training sufficient to qualify for and pass the NCSBN NNAAP CNA Exam written and hands-on skills sections. The training is structured to exceed the minimum requirements of the Nursing Assistant core curriculum and clinicals specified in WAC 246-841-490 for teaching the Nursing Assistant core competencies under WAC 246-841-400. Infection control training is included in the 50 hours of classroom-centered learning.

8 Credits Prior Learning College Credit (ANAC 108) available through Clover Park Technical College for NA-C completing candidates.

Hour Breakdown:

130 contact hours, with

- **50 hours** of real-time and directly-facilitated **online classroom learning**,
- **24 hours** of Immersive Videos and directly-facilitated online **clinical skills lab training** (including real-time remote supervised hands-on mini-labs),
- **20 hours** minimum of small group in-person **clinical skills practice**, and
- **40 hours** minimum clinical hours in the **hospital/clinical setting**.

Course Sequence:

Students spend the first four weeks of the NA-C program in interactive online classes and in-person lab settings. HCAC has professionally filmed 2D and 180-degree videos of the 23 Skills covered in the NNAAP booklet, plus several additional competencies and practice scenarios.

For their clinical hours, students are paired up with a current NA-C at a clinical site as a preceptor/mentor. An LPN/RN faculty member is in attendance, with one faculty member assigned to no more than 10 clinical students. The primary clinical hour option is to have five 8-hour shifts in one week, which will provide students a fair degree of continuity of care with their patients/residents. Students develop rapport, go on daily rounds (if applicable), and practice scheduling and planning a day based on patient/resident schedules.

Assessment of each nursing assistant skill competency is conducted in both classroom/lab and clinical facility setting.

Sample Program Schedule (delivery may vary by cohort):

Weeks 1 – 4	Zoom classes (online)	9 am – 3 pm <i>Mon – Wed</i>
	Labs (in-person) <i>5 hours, in groups of 4-8 students</i>	Approx. 9am – 2pm <i>Thurs or Fri</i>
Week 5	Makeup/Preparation and Orientation Week (in-person) CPR class/Skills Practice	Times vary based on activity
Week 6	Clinical work experience (in-person) <i>6-8 students per location instructor on site at clinical</i>	40 hours
Week 7	Clinical work experience makeups (in-person)	40 hours
Ahead of testing	Skills and written tutoring	2-hour tutoring sessions after hours or Saturday, or during infill days at training site
as soon as available	Testing – written Testing – skills <i>program hosts a skills testing site, but proctors are externally controlled</i>	Once clinical is complete, candidates can sign up

The Health Care Apprenticeship Consortium

The Consortium is open to all healthcare employers in Washington. The Health Care Apprenticeship Consortium (HCAC) is an all-employer (signatory and non-signatory) and multi-union Washington State-registered Joint Apprenticeship Training Committee, with program administration by the SEIU Healthcare 1199NW Multi-Employer Training and Education Fund.

For more information, visit healthcareapprenticeship.org

The Health Care Apprenticeship Consortium has a non-discrimination policy and is an equal opportunity employer. Women, persons of color, bilingual/multilingual and LGBTQ individuals are strongly encouraged to apply. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.